

News report: Assistant Development Leadership Course

Date: 28<sup>th</sup> January 2018 and 25<sup>th</sup> February 2018

Location: Wood Green Taekwon-Do School, London N22 8HE

The start of the year 2018, **Five Pillars Taekwon-Do**, Assistant Development Leadership Course (**ADLC**), developed by **Founder and Head Instructor Mr Malik Ayman** 4<sup>th</sup> Degree Black Belt was delivered to 12 selected **students from all recognised Five Pillars Taekwon-Do schools**, London boroughs of Barnet – **Finchley**, Brent - **Wembley** and Haringey – **Wood Green**.

The training development course introduced the students to the **Five Pillars Taekwon-Do "unique and professional approach to martial arts"** through the coaching tools and methods which students currently enjoy and appreciate training within our recognised martial arts schools within the London boroughs of Barnet – **Finchley**, Brent - **Wembley** and Haringey – **Wood Green**, with **Instructor Mr Malik Ayman** 4<sup>th</sup> Degree Black Belt (**IIC 100<sup>th</sup> & IIC 114<sup>th</sup>**, International Instructor Course completed 100<sup>th</sup> Scotland & 114<sup>th</sup> France)

The training shared best practice, experience and information from Instructor Mr M Ayman 4<sup>th</sup> Degree over 12 years of professional teaching **Unique 4E © system** designed and developed by Instructor Mr M Ayman of teaching, grading students from white belt to black belt and beyond, competitions, the **ACE Achieving Competition Development** course which **Instructor Mr M Ayman** developed and delivered enabling successful medal outcomes medal winners and personal goals achievement by students overcoming challenges.

**ADLC**, covered the teaching standards, best practice of conduct and empowering the **Five Pillars Taekwon-Do** in regards to the following:

- The **Five Pillars Taekwon-Do** methodology, our unique 4E © system Educational, Energetic, Exciting, Empowering, our best practice coaching tools
- Leadership : Motivation of self and others : Tenets & Oath system of TKD :

Students all successfully completed the 2018 **ADLC** and received respectfully their certification and promotional title's (respectively valid for the entire year 2018 until December 2018, with required responsibilities, aims and objectives that they should be inspiring with students throughout the **Five Pillars Taekwon-Do** registered schools) within **Five Pillars Taekwon-Do** which can also be seen on [www.fivepillarstk.org.uk/our-team](http://www.fivepillarstk.org.uk/our-team) page of our website and the table below for a full view of our official team for 2018 **Five Pillars Taekwon-Do**

Mr Malik Ayman  IV 4 <sup>th</sup> Degree  <b>Founder</b> Five Pillars Taekwon-Do  <b>Head Instructor &amp; Examiner</b>	Mrs Maimuna Ayman  <b>Administration Manager</b>  <b>Five Pillars Taekwon-Do</b>	Mr Colin Howler  III 3 <sup>rd</sup> Degree  <b>Assistant Grading Panel</b>	Mr Ben Musker  I st Degree  <b>Etiquette + Discipline Officer &amp; Assistant Instructor</b>	Ms Rebecca Van Doimen  I st Degree  <b>Competition Manager &amp; Assistant Instructor</b>
Mr Sohaib Sirhan  I st Degree  <b>Website Manager &amp; Assistant Instructor</b>	Mr Bradyn Man  I st Degree  <b>Competition Development Coach &amp; Assistant Instructor</b>	Mr Farhan Khan  I st Kup Black Tag Red Belt  <b>Leadership Development Assistant</b>	Mr Kyri Weeks  I st Kup Black Tag Red Belt  <b>Competition Development Coach &amp; Leadership Development Assistant</b>	Ms Ellie Weeks  I st Kup Black Tag Red Belt  <b>Competition Development Coach &amp; Leadership Development Assistant</b>
Mr Samir Bougrine  2nd Kup Red Belt  <b>Leadership Development Assistant</b>	Ms Annabella Man  3rd Kup Red Tag Blue Belt  <b>Leadership Development Assistant</b>	Ms Asia Green  3rd Kup Red Tag Blue Belt  <b>Leadership Development Assistant</b>	Mr Zeeshan Niamut  3rd Kup Red Tag Blue Belt  <b>Leadership Development Assistant</b>	Mr Ali Bougrine  3rd Kup Red Tag Blue Belt  <b>Leadership Development Assistant</b>

Report written by:

Mr Malik Ayman  
4<sup>th</sup> Degree Black Belt,  
Founder & Head Instructor

Date 27-03-2018

