## www.fivepillarstkd.org.uk "A unique and professional approach to martial arts successful outcomes"

News report: Red and Black Belt seminar

Date: Sunday 25<sup>h</sup> February 2018

Location: Wood Green Taekwon-Do School, London N22 8HE

Students Red and Black Belts, from the recognised schools of **Five Pillars Taekwon-Do** those that are preparing for their **Black Belt** or and pre grading attended the compulsory standards seminar.

Students that have clearly made the commitment on several accredited levels, PERSEVERANCE - FOCUS - CONDUCT - ATTITUDE - CONFIDENCE - DEVELOPMENT - TECHNICAL attended the seminar to prepare themselves with the Five Pillars Taekwon-Do seminar to assist and enable guidance towards preparing for their Black Belt pre grading and for some actual grading.

The criteria for grading standard requirements were covered in full and in addition the pass criteria assessment grades.

A few words from Head Instructor and Examiner Mr Malik Ayman 4<sup>th</sup> Degree Black Belt "With experience of teaching, grading and developing Black Belts for over 12 years myself as Instructor and assisting, I must state here clearly that the standards of students of Five Pillars Taekwon-Do in my professional opinion are more than above average students of martial arts and Taekwon-Do, and this can be measured externally by achievements outside of our own events at competitions "locally and International too" in patterns and sparring (win or lose – conduct, attitude, strong spirit) and the correct development input of students towards developing their best continuously taking part in competitions, seminars and programs to develop themselves"

With our emphasis on "Unique 4E © system Educational Energetic Exciting Empowering" – these pillars of our Taekwon-Do teaching enable students to have an essential strong balance of fun whilst learning and developing making good progress – which again enhances and enriches our martial arts teaching concept "a unique and professional approach to martial arts successful outcomes"

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Report written by: Mr Malik Ayman Date 27-03-2018

4<sup>th</sup> Degree Black Belt,

Founder & Head Instructor





